Arctic Bicycle Club Touring Division

Release from Liability and Agreement Not to Sue

I ACKNOWLEDGE THAT BY SIGNING THIS DOCUMENT, I AM RELEASING THE ARCTIC BICYCLE CLUB (ABC) AND OTHERS FROM LIABILITY. THIS MEMBERSHIP/ RELEASE FORM IS A CONTRACT WITH LEGAL CONSEQUENCES. I HAVE BEEN ADVISED TO READ IT CAREFULLY BEFORE SIGNING.

In consideration of the acceptance of my participation in the Arctic Bicycle Club (ABC) rides, I hereby freely agree to and make the following contractual representations and agreements.

I acknowledge that cycling is an inherently dangerous sport and fully realize the dangers of participating in a bicycle event and FULLY ASSUME THE RISKS ASSOCIATED WITH SUCH PARTICIPATION INCLUDING, by way of example, and not limitation, the following: the dangers of collision with pedestrians, vehicles, other participants/riders, and fixed or moving objects; the dangers arising from surface hazards, equipment failure, inadequate safety equipment. THE RELEASE PARTIES' OWN NEGLIGENCE, and weather conditions; and the possibility of serious physical and/or mental trauma or injury associated with athletic cycling event.

For myself, my heirs, executors, administrators, legal representatives, assignees, and successors in interest (collectively "Successors") I HEREBY WAIVE, RELEASE, DISCHARGE, HOLD HARMLESS, PROMISE NOT TO SUE AND INDEMNIFY the ABC, its sponsors, the ABC board of Directors, the organizer and any promoting organizations, property owners, law enforcement agencies, all public entities, special districts, and properties and their respective agents, officials, and employees through or by which the ABC events will be held (collectively, the "Released Parties") FROM ANY and all rights and CLAIMS INCLUDING CLAIMS ARISING FROM THE RELEASED PARTIES OWN NEGLIGENCE, which I have or which may hereafter occur to me and from any and all damages which may be sustained by me directly or indirectly in connection with, or arising out of, my participation in or association with ABC events, or travel to or return from ABC events.

I agree it is my sole responsibility to be familiar with the ride course, the Releasee's rules, and any special regulations for the event. I understand and agree that situations may arise during the event which may be beyond the immediate control of the event leaders or organizers, and I must continually ride so as to neither endanger myself nor others. I will participate wearing a helmet which satisfies the requirements of the Releasee's Rules or Regulations and that can protect against serious head injury, and assume all responsibility and liability for the selection of such a helmet. I have no physical or medical condition which to my knowledge, would endanger myself or others if I participate in ABC events, or would interfere with my ability to participate in ABC events.

I agree, for myself and my successors, that the above representations are contractually binding, and are not mere recitals, and that should I or my successors assert my claim in contravention of this agreement, the asserting party shall be liable for the expenses (including legal fees) incurred by the other party or parties in defending, unless the other party or parties are finally adjudged liable on such claim for willful and wanton negligence. This agreement may not be construed as a modification of any provision herein or as a consent to any other provision herein or as a consent to any subsequent waiver or modification.

IMPORTANT - READ THIS BEFORE SIGNING!!!

Print Name	Date	Signature

IMPORTANT - READ OTHER SIDE BEFORE SIGNING!!!

Print Name	Date	Signature